

## THE VEIL PRAYER

*The worshiper prays the Introduction of Every Hour, page1.*

*Then the worshiper says:*

The veil prayer is offered to Christ, my King and my God, beseeching Him to forgive my sins.

<i>Psalm</i>	<i>page</i>	
4	10	Hear me when I call, O God
6	12	O Lord, do not rebuke me
12	13	How long, O Lord?
15	14	Preserve me, O God
24	16	To You, O Lord, I lift up my soul
26	17	The Lord is my light
66	53	God be merciful to us
69	54	Make haste, O God
22	36	The Lord is my shepherd
29	38	I will extol You, O Lord
42	41	Vindicate me, O God
56	51	Be merciful to me, O God
85	56	Bow down Your ear, O Lord
90	57	He who dwells in the secret place
96	68	The Lord reigns
109	71	The Lord said to my Lord
114	73	I love the Lord
115	73	I believed, therefore I spoke
120	85	I will lift up my eyes to the hills
128	88	Many a time they have afflicted me
129	95	Out of the depths I have cried to You
130	95	Lord, my heart is not haughty
131	96	Lord, remember David
132	97	Behold, how good and how pleasant
133	97	Behold, bless the Lord
136	97	By the rivers of Babylon
140	98	Lord, I cry out to You
145	100	Praise the Lord!
118	117	Consider my affliction ( <i>No. 20</i> )
118	117	Princes persecute me( <i>No. 21</i> )
118	118	Let my cry come before You ( <i>No. 22</i> )

**THE HOLY GOSPEL  
ACCORDING TO ST. JOHN  
6: 15-23**

Therefore when Jesus perceived that they were about to come and take Him by force to make Him king, He departed again to a mountain by Himself alone. And when evening came, His disciples went down to the sea, got into the boat, and went over the sea toward Capernaum. And it was now dark, and Jesus had not come to them. Then the sea arose because a great wind was blowing. So when they had rowed about three or four miles, they saw Jesus walking on the sea and drawing near the boat; and, they were afraid. But He said to them, "It is I; do not be afraid" Then they willingly received Him into the boat, and immediately the boat was at the land where they were going. On the following day, when the people who were standing on the other side of the sea saw that there was no other boat there, except that one which His disciples had entered, and that Jesus had not entered the boat with His disciples, but His disciples had gone away alone; however, other boats came from Tiberias, near the place where they ate bread after the Lord had given thanks.

**Glory be to God forever. Amen.**

**THE LITANY**

**(1)** Lord, You know the alertness of my enemies, and as for my weakness, You are aware of it, my Creator. Therefore, I, hereby, place my soul into Your hands. So cover me with the wings of Your goodness, lest I might sleep till death. Enlighten my eyes by the greatness of Your sayings, and raise me up at all times for Your glorification, for You alone are good and the lover of mankind.

**"Thoxa Patri Kai Eiyoi Kai Agio Epnevmati." (Glory be to the Father and to the Son and to the Holy Spirit.)**

**(2)** Lord, Your judgement is dreadful; when men shall be rushed, the angels shall stand, the books shall be opened, the deeds shall be revealed, and the thoughts examined. What a judgement mine will be, I who am entangled in sin! Who would quench the flames of fire about me? Who would enlighten my darkness, unless You Lord? Have mercy on me, for You are compassionate to mankind.

**"Ke-nin Kai A-ee Kai Istos E-onaston E-onon. Amen." (Now and forever and unto the ages of all ages, Amen.)**

**(3)** O Theotokos, we shall not be put to shame, because we have put our trust in You, but shall be saved. And because we have attained Your help and intercession O pure and perfect one, we shall not fear, but shall drive out our enemies and shall disperse them. And, in all, we take Your great help to protect us as if with a shield. We ask and entreat You, crying O Theotokos, to save us by Your intercessions, and raise us up from the dark sleep, in order to powerfully glorify God Who took flesh from You.

*Then, the worshiper prays:*

- The Trisagion page 25
- Introduction to the Creed page 26
- The Creed page 27
- KYRIE ELEISON (Lord have mercy - 41 times)
- Our Father, who art in heaven... page 1

## **ABSOLUTION**

O Lord and Master, Jesus Christ our God, grant us rest in our sleep, repose of our bodies, and purity of our souls, and protect us from the darkness of devastating sin. May the pangs of pain subside, and the heat of the flesh calm down, and the turmoil of the body come to an end.

Grant us an alert mind, a humble thought, a life full of virtue and a pure and undefiled bed. Raise us up for the night and morning praises, steadfast in Your commandments, keeping in ourselves, the thought of Your judgements at all times.

Grant us to praise You the whole night; blessing Your holy name full of glory and splendour, with Your Good Father, and the Holy Spirit, the Life-Giver, now and at all times and unto the ages of all ages. **Amen.**

*Then the worshiper prays the Concluding Prayer of Every Hour, page 30.*